

# Treatment approaches (selection) for Long COVID



Respiratory therapy  
for shortness of breath



Treatment with  
medicines for  
relieving symptoms



Speech therapy for  
swallowing and  
speaking difficulties



Rehab services



Sports therapy to  
build resilience



Regular check-ups



Psychotherapy for  
psychological problems



Physiotherapy for  
limited mobility



General measures,  
exercises for  
circulatory disorders

